Eye Pillow with Lavender

Instructions No. 2216

Difficulty: Advanced

Working time: 2 Hours

Take a **break** from everyday stress and enjoy the **soothing scent of lavender**. Lavender calms the nerves and lets you switch off. Our **lavender eye pillow** is easy to sew and gives you a good feeling. Ideal for **meditation**, **relaxation** and **yoga exercises**. For example, how about giving your loved ones this fragrant cushion as a gift?

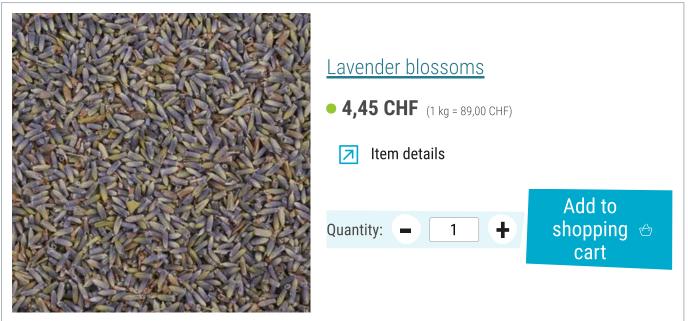


This is how the cushion is designed:

- 1. Cut a **strip of fabric** 50 x 10 cm. Fold the long side of the strip in the middle so that you can see where you want to place the plotter design.
- 2. Plot the pattern from the iron-on foil by opening the **plotter pattern** in your **Silhouette Studio**. Place the **iron-on foil** on the mat so that the back (white side) is facing up. Start the plotting process. Apply the motifs to the fabric according to the manufacturer's instructions.
- Fold the strip in the middle on the long side so that the lettering is on the inside. Then close the cushion except for a turning opening with a straight stitch, allowing for a seam allowance of approx.
 0.5cm.

- 4. Turn over and fill with flowers.
- 5. Now fold the seam allowance inwards and topstitch the two long sides of the cushion with a straight stitch. Decorate this in a contrasting colour. This also automatically closes the turning opening.
- 6. Now you can put the cushion on and take a deep breath. We wish you a **wonderful rest**.

Must Have



Article information:

Article number	Article name	Qty
387217	Cotton fabric "Uni"Lavender	1
338561-15	Premium Flex Iron-on film A4Beige/Powder	1
430463	Lavender blossoms	1
26321	Silhouette Cameo 5	1